# Mean Mesiodistal Width Determination of Canines in Patients Reporting to a Tertiary Care Hospital at Karachi

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## **Abstract**

**Objective:** Objective of our study was determination of mean mesiodistal width of maxillary and mandibular canines in males and females in Pakistani population for ideal replacement of these teeth. **Methods:** It was a cross sectional study. Data was obtained from patients referring to orthodontic department at a tertiary care hospital. Informed consent was taken verbally from the patients recruited for study. Sample size was 130. Patients with both genders and having age range of 17-21 were included. Patients having unerupted, partially erupted, any prosthetic replacement, any restoration of maxillary or mandibular canines were excluded from the study. Mesiodistal measurement of both the upper and lower canines were obtained on the plaster casts with the help of digital Vernier caliper. All the measurements were noted on a preformed proforma (Annex-1).

**Results:** They were 130 patients who were recruited for the study. The mean age of the patients in this study was  $18.90 \pm 1.523$  years. Mean maxillary canine width mesiodistally was found to be 8.502 mm with standard deviation of 0.615 mm. Mean width of mandibular canine mesiodistally was found to be 7.44 mm with having standard deviation of 0.764 mm.

**Conclusions:** This study helped us to conclude that the canines for right and left side were not exactly similar to each other. It was found that sexual dimorphism is present in the widths of maxillary and mandibular canines mesiodistally. It is also concluded from the study that males have greater mesiodistal widths of canines than females.

**Keywords:** Canine, odontometry, orthodontics, alveolar process.

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### Introduction

Odontometry is type of anthropological study which helps to differentiate between different groups and populations on the basis of their dental measurements. In orthodontics, odontometry is used to compute tooth size disparity to aid in individualized orthodontic management. Crowding and spacing are two major reasons of malalignment. Therefore,

size of teeth and overall arch perimeter should be corresponding in acceptably aligned arch cases. The accurate alignment of teeth and establishment of perfect posterior intercuspation could be challenging in the presence of when tooth size discrepancies<sup>1</sup>. Thus, the space required for proper alignment of all teeth within the dental arch is the sum of mesiodistal size of all the teeth to fit in that arch<sup>2</sup>. Tooth size varies among different populations and ethnicities<sup>3</sup> and is mainly influenced by heredity, ethnicity, and sex. Tooth sizes were measured and compared in many studies for example Lavelle (1972) in his study concluded that sexual dimorphism was present in tooth dimensions and in the ratio between upper and lower arch tooth size<sup>4</sup>.

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Estimation of tooth size is also important in a population when artificial teeth are given in place of missing tooth or certain teeth are substituted in place of other missing teeth for example during cuspidation of a premolar in case of impacted or missing canine or lateralization of a canine.

Canine is of the most significant tooth in the oral cavity because of its functional and anatomical value due to which an orthodontic treatment is always planned with canines being given the most importance. Both maxillary and mandibular canines closely resemble each other, so as their functions. The four upper and lower canines are placed at the "corners" of the oral cavity; each of which is the third tooth to right and left, from the median line, in the maxilla and mandible. Canines are usually referred to as the cornerstone of the mouth. They are the longest teeth in the mouth; their crowns are usually as lengthy as those of the upper central incisors, and they have single root that is longer than any of the other teeth. Crowns and roots on most surfaces are markedly. The position and shape of the canines plays important part in the teeth guidance into the inter-cuspal position via canine guidance.

Since the labiolingual thickness of crown and root is greater in correspondence to anchorage in the alveolar processes of the jaws, canines are the teeth with maximum stability in the oral cavity. The shape of the crown portion of canines promotes cleanliness. Both upper and lower canines have another quality that the shape and position of these teeth and their anchorage value within the bone, along with the alveolar bone ridge over the labial portions of the roots, which is called the canine eminence, also have aesthetic value. Canines tend make a foundation that assists normal facial expression at the mouth corners. Loss of all canines makes it very difficult, if not impossible to do substitution/replacements that would help restore that natural facial appearance of the face for any length of time.

As it was found that the maxillary canine impaction prevalence is between 1-3%5, so in cases

with impacted canines, substitution with premolars is an option. Canines have been shown to exhibit higher dimorphism sexually as crown size in concerned compared to any other tooth in the oral cavity<sup>6</sup>. Sexual dimorphism can be defined as the systemic difference in either in shape or size between individuals of various sexes in the similar species<sup>7</sup>. Having those facts in considerations one must know average dimension of both maxillary and mandibular canines in a particular population.

Among various proportions - width and length, width is assumed to be more important. Various studies on dental morphology have been conducted in the past using either direct intraoral measurements or measurements on plaster casts. Barrett et al. (1963)<sup>8</sup> have noticed that the intraoral measurements are comparatively less reliable than on plaster casts. But Kaushal et al. (2003)<sup>9</sup> in his study determined no significant difference comparing the two methods. Keeping in mind Barrets observation, it was decided to do the measurements in this study on casts.

A study was in Lahore by Ahsan Naveed<sup>10</sup> in 2010 in which mesiodistal width of maxillary canine was found along with another tooth. Mean mesiodistal width of maxillary canines in Lahore population was found 7.82 mm with SD + 0.51mm.

This study will help to develop recent local data in Karachiites regarding mesiodistal canine width, which will further help orthodontists in Karachi to treat cases with missing and impacted canines through replacement or substitution of these teeth.

Objective of this study was to determine mean mesiodistal dimension of maxillary and mandibular canines in males and females' subjects in a sample of patients referred to department of orthodontics in a tertiary care hospital.

## **Material and Methods**

It was a cross-sectional study. The duration of study was Six months from 4<sup>th</sup> Febuary 2015 to 3<sup>rd</sup> August 2015. The ethical approval was taken from

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CPSP for the study. Study was conducted at Dental OPD with non-probability consecutive sampling technique. Sample size was 130 which was calculated by WHO 7.1 calculator by using the stats given by Madhavi Yuwan in which mean left maxillary canine width in males was given 7.88 mm with standard deviation of  $\pm$  0.773 mm. Margin of error was kept 1.5.

Patients from both genders were included. Patients with age 17-21 years were included in ourstudy, as wear and attrition are minimal in this age group. Only patient with all permanent canines erupted was included in the study.

Patients excluded from this study were having unerupted, partially erupted, any prosthetic replacement, any restoration of maxillary or mandibular canines. Patients with orofacial syndromes or cleft lip and palate were also excluded.

Data was gathered from patients presenting to department of orthodontics. All the patients were examined by researcher himself. After thorough history and clinical examination patients were recruited for the study. Informed consent was taken from the patients verbally. Alginate impressions were taken with standard sterilization protocol was followed for each patient and plaster casts were formed. The mesiodistal widths of upper and lower canines were measured with the help of digital Vernier caliper. To control bias, measurement was done by co-researcher and identification of gender was not known to him at the time of measurement. The mesial and distal tooth surfaces were marked and the distance between the mesial crest of curvature and distal crest of curvature was measured. All measurements were recorded under ample light and comfortable position. All the values were noted on a preformed proforma. (Annex-1)

Data was analyzed in SPSS version 20.00. Mean and standard deviation was calculated for mesiodistal dimension of upper and lower canines. Frequency was calculated for gender and age groups. Further effect modifiers (gender) were stratified to see the effect of these on the outcome using t- test and p< 0.05 will be taken as significant.

## Results

Overall 130 patients were recruited for the study. The mean patient age was  $18.88 \pm 1.518$  years. There were (34/130) 26.2% male and (96/130) 73.8% female as shown in Fig 1.

Mean width of maxillary canine mesiodistally was found to be 8.509 mm with standard deviation of 0.613 mm. Mean width of lower canine mesiodistally was found to be 7.455 mm with standard deviation of 0.756 mm. The confidence interval was kept 95%. Table 1.

While comparing the mesiodistal width of maxillary canines in males and females it was found that in males it was 8.851 mm and in females it was 8.388. P-value was found to be less than .001 which shows that it was significant. In mandible males and females have widths of 7.814 and 7.328 respectively. Table 2.

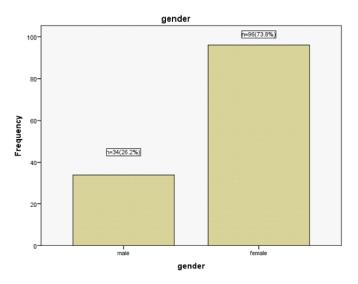


Fig 1. Frequency of gender

Table 1. Mean mesiodistal widths in maxilla and mandible (n=130)

Arch	Mean	SD	Right side	Left side
			8.525 mm+ 0.623 7.469 mm+ 0.819	

Table 2. Mesiodistal width comparison in males and females (n=130)

Arch	Male	Female	P value
Maxilla	8.851 mm+ 0.533	8.388 mm+ 0.595	< 0.001
Mandible	7.814 mm+ 0.493	7.328 mm+ 0.794	0.001

#### Discussion

The dentist is the person responsible to gather, correspond, measure the biomechanical information and evaluate the selection of anterior artificial teeth so that it can fulfill individual's cosmetic and functional needs. To evaluate the amount of crowding, the interdental relationships between the maxillary and mandibular teeth, and the skeletal and dental relationships, precision is required. Therefore, it is important to evaluate the dimensions of each tooth pretreatment in order to localize and quantify dental disharmony<sup>11</sup>.

The age group in the current study was selected to be relatively young to reduce the influence of tooth wear and attrition on tooth width measurements. The average age of the patients were 18.88 years with range from 17 to 21 years. In a study by Khan SH<sup>12</sup> mean age was found to be 18.3 years. Moreover, tooth measurement was conducted on study models which offers a significant improvement on direct intra-oral tooth measurement and allow remeasurement when required<sup>13</sup>.

Hashim and Murshid (1993)<sup>14</sup>, managed a study with Saudi males and females having age range of 13-20 years to numerate the teeth in oral cavity with the highest probability of dimorphism and established that only the canines in both upper and lower jaws possesses a significant sexual dissimilarity while the other teeth do not exhibit the same. Keeping in mind the facts of this and many other similar studies mesiodistal dimension of upper and lowercanines was selected to be measured in this study.

Various studies were notifiable in literature investigating mandibular canine width and mandibular canine index. However, our study was confined to

measurement of canine widths of upper and lower arch.

The mean width of maxillary canines mesiodistally was found to be 8.509 mm with a standard deviation of 0.613 mm. On right hand it was it was 8.520 while on the left-hand side it was 8.493 mm. The average difference between the right- and left-hand side was 0.037 mm. Those values showed that right or left side measurements, could be taken to represent mesiodistal crown dimensions in our population. These results are similar to that given by Khan SH and other population groups. However, these results were different to those given by Lundstoum<sup>15</sup>.

Mean mesiodistal width for mandibular canines was found to 7.455 mm with a standard deviation of 0.756 mm. On right side it was 7.469 while on the left-hand side it was found to be 7.442 mm.

It was also found in this study that mean mesiodistal for maxillary canines in males was 8.851 mm while in females it was 8.388 mm. p<0.001 which is significant and shows that maxillary canine shows dimorphism in our population. When compared to a previous study in Bangladesh<sup>16</sup> the results were different as that study quoted no significant difference between males and female tooth dimensions. Mean mesiodistal width was found also different in our sample when compared to a study by Pamecha S<sup>17</sup> where the mean width for maxillary canine in males and females was found 8.01 and 7.84 mm respectively.

For mandibular canines the width in our study was found 7.814 mm for males and it was found 7.328 mm for females. p= 0.001 which is significant and according to our values there was dimorphism in the mandibular canines as well. The values for mandibular canines in males were similar to that given in study by Madhavi Yuwan. However, our results for mandibular canines were different from stats given by Eera bunger<sup>18</sup> in his study in Indian population.

Acharya and Mainalli<sup>19</sup> established reverse dimorphism in the mesiodistal width of lower second

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premolars in Nepalese population. The finding could be projected to a development resulting in a decrease in sexual dimorphism, inducing an overlap of tooth dimension in modern-day males and females. Analogous results were determined by Karen Boaz and Chaavi Gupta<sup>20</sup> in a dimorphic survey of upper and lower canines in 100 patients in South Indian population and showed the absence of note worthy dimorphism in canines. He also disclosed the observations of reverse dimorphism where the females possessed larger canines than males.

In present study dimensions of crown for males were found wider than females in both upper and lower arches which is consistent with the results shown by Garn et al<sup>21</sup> and Singh & Goyal 2006<sup>22</sup>. According to Moss and de Vito<sup>23</sup> reason behind this difference in tooth dimensions in males and females is because of thick enamel in males due to longer period of amelogenesis when compared to females. And calcification of crown in females is also completed earlier as compared to males.

Kalia. S<sup>24</sup> stated that according to Town sends, the difference in tooth dimensions between sexes have been due to difference in balanced hormonal production which results from the contradistinction of either male or female gonads during the sixth or seventh week of embryo genesis rather than because of any direct effect of sex chromosome themselves.

Reason behind dimorphism can also be due to a biologic alteration, which is a characteristic of life and is extremely credited to genetics, family and environmental parameters.

## Conclusion

This survey was done in a sample consisting of Pakistani population in order to enumerate the mean mesiodistal width of maxillary and mandibular canines. It was determined that there is variation in mesiodistal width in maxillary right and left canines with right side slightly greater in maxillary arch. This signifies that the canines are not reflections of

each other. Sexual dimorphism was also evident in the widths of upper and lower canines mesiodistally. It can also be concluded from this study that males are found to have greater widths of canines mesiodistally than females.

The values for mesiodistal widths for sampling population could be used for treatment planning for space management missing canine or lateral incisors where canine has to be substituted or prosthetically replaced.

#### Conflict of Interests

Authors have no conflict of interests and received no grant/funding from any organization.

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